

**A.A.S. IN
THERAPEUTIC
MASSAGE**

2022-23

A.A.S. IN THERAPEUTIC MASSAGE

(A45750) The Therapeutic Massage curriculum prepares graduates to work in direct client care settings to provide manipulation, methodical pressure, friction and kneading of the body for maintaining wellness or treating alterations in wellness throughout the lifespan.

Courses will include content in normal human anatomy and physiology, therapeutic massage, ethical/legal issues, business practices, nutrition and psychology.

Employment opportunities in North Carolina may be found in hospitals, rehabilitation centers, health departments, home health, medical offices, nursing homes, spas, health and sports clubs, and private practice. Graduates may be eligible to take the National Certification for Therapeutic Massage and Bodywork.

Students may be required to take one or more Developmental courses as a result of pre-enrollment placement tests; therefore, the student may need more than the minimum number of contact hours listed for graduation.

Students who attend the College from out of state should be aware that the College has not made a determination whether programs or courses which lead to state licensure or certification meet educational requirements outside of North Carolina. Examples of such programs are Basic Law Enforcement Training, Cosmetology, Emergency Medical Science, Esthetics, Nursing, and Therapeutic Massage.

Fall Semester 1			Lecture	Lab	Clinical	Credit
ACA	111	College Student Success	1	0	0	1
BIO	163	Basic Anatomy & Physiology <i>OR</i>	4	2	0	5
BIO	168	Anatomy and Physiology	3	3	0	4
MED	121	Medical Terminology I	3	0	0	3
MTH	110	Fundamentals of Massage	6	9	3	10
Total						18/19

Spring Semester 1			Lecture	Lab	Clinical	Credit
MTH	120	Therapeutic Massage Applications	6	9	3	10
MTH	125	Ethics of Massage	2	0	0	2
MTH	130	Therapeutic Massage Mgmt	2	0	0	2
MAT	110	Math Measurement & Literacy	2	2	0	3
Total						17

Summer Semester 1			Lecture	Lab	Clinical	Credit
CIS	111	Basic PC Literacy <i>OR</i>	1	2	0	2
CIS	110	Computer Concepts	2	2	0	3
*Humanities Gen Ed Requirement			3	0	0	3
Total						5/6

Fall Semester 2			Lecture	Lab	Clinical	Credit
ENG	111	Writing & Inquiry	3	0	0	3
PSY	118	Interpersonal Psychology <i>OR</i>	3	0	0	3
PSY	150	General Psychology	3	0	0	3
MTH	210	Advanced Skills of Massage	4	9	3	8
*Social Science Gen Ed Requirement			3	0	0	3
Total						17

Spring Semester 2			Lecture	Lab	Clinical	Credit
ENG	114	Professional Research & Reporting	3	0	0	3
MTH	220	Outcome-Based Massage	4	6	3	7
NUT	110	Nutrition <i>OR</i>	3	0	3	3
HEA	110	Personal Health/Wellness	3	0	0	3
Total						13

TOTAL HOURS **70/72**

**Please see the section titled "General Education Requirements for A.A.S. programs" at the end of the Program of Study section for specific courses that fulfill these requirements.*

2022-2023

DIPLOMA IN THERAPEUTIC MASSAGE

(A45750) The Therapeutic Massage curriculum prepares graduates to work in direct client care settings to provide manipulation, methodical pressure, friction and kneading of the body for maintaining wellness or treating alterations in wellness throughout the lifespan.

Courses will include content in normal human anatomy and physiology, therapeutic massage, ethical/legal issues, business practices, nutrition and psychology.

Employment opportunities in North Carolina may be found in hospitals, rehabilitation centers, health departments, home health, medical offices, nursing homes, spas, health and sports clubs, and private practice. Graduates may be eligible to take the National Certification for Therapeutic Massage and Bodywork.

Students may be required to take one or more Developmental courses as a result of pre-enrollment placement tests; therefore, the student may need more than the minimum number of contact hours listed for graduation.

Students who attend the College from out of state should be aware that the College has not made a determination whether programs or courses which lead to state licensure or certification meet educational requirements outside of North Carolina. Examples of such programs are Basic Law Enforcement Training, Cosmetology, Emergency Medical Science, Esthetics, Nursing, and Therapeutic Massage.

Fall Semester 1			Lecture	Lab	Clinical	Credit
ACA	111	College Student Success	1	0	0	1
BIO	163	Basic Anatomy & Physiology OR	4	2	0	5
BIO	168	Anatomy and Physiology	3	3	0	4
MED	121	Medical Terminology I	3	0	0	3
MTH	110	Fundamentals of Massage	6	9	3	10
					Total	18/19

Spring Semester 1			Lecture	Lab	Clinical	Credit
MTH	120	Therapeutic Massage Applications	6	9	3	10
MTH	125	Ethics of Massage	2	0	0	2
MTH	130	Therapeutic Massage Mgmt	2	0	0	2
MAT	110	Math Measurement & Literacy	2	2	0	3
					Total	17

Summer Semester 1			Lecture	Lab	Clinical	Credit
CIS	111	Basic PC Literacy OR	1	2	0	2
CIS	110	Computer Concepts	2	2	0	3
*Humanities Gen Ed Requirement			3	0	0	3
					Total	5/6

Fall Semester 2			Lecture	Lab	Clinical	Credit
ENG	111	Writing & Inquiry	3	0	0	3
PSY	118	Interpersonal Psychology OR	3	0	0	3
PSY	150	General Psychology	3	0	0	3
MTH	210	Advanced Skills of Massage	4	9	3	8
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TOTAL HOURS 70/72

*Please see the section titled "General Education Requirements for A.A.S programs" at the end of the Program of Study section for specific courses that fulfill these requirements.



PROGRAM REQUIREMENTS: THERAPEUTIC MASSAGE

Requirements for admission into the Therapeutic Massage Program:

- All applicants must complete the admission process to Tri-County Community College.
- Evidence of high school graduation or completion of GED certificate (High school seniors must send an interim transcript by January 31).
- Official copies of all high school and college course transcripts (High school seniors must have a final transcript sent within one month of graduation).
- All applicants must have taken the College Placement Test AND met the minimum placement test score(s) for placement into General Education courses OR completed developmental coursework with a grade of "C" or better, within the last five years. Students are asked to complete and sign the Therapeutic Massage Minimum Admission Requirements Verifications Checklist. (Available at Student Services in the Harper Building).
- Provide proof of experiencing two (2) one-hour long massage therapy sessions. The therapist(s) providing these sessions must be licensed (LMBT) by the NC Board of Massage and Bodywork Therapy. Applicants are responsible for scheduling and paying for these appointments.
- Completed a technical standard agreement and conduct agreement
- Must be in good physical health, able to stand, bend, twist to perform basic physical standards of the profession (contract signed upon program acceptance.)

All requirements for admission into the Therapeutic Massage Program are due each year by May 1, and the acceptance process will be completed no later than July 1.

Ranking of Candidates:

Therapeutic Massage is a limited enrollment program with students beginning each fall. Resources, such as facilities and faculty, as well as approval standards, limits the number of applicants accepted into the program to six. The 6 applicants with the highest numerical score will be accepted into the program, awaiting medical history forms and proof of massage sessions (noted above).

Applicants compete for admission based on quality points. Applicants earn quality points by completing the general education courses required for the program with a C or better. To calculate quality points, multiply the number of credit hours for each general education course successfully completed with a "C" or better by the quality point value assigned to the grade earned (A=4, B=3, C=2). In the event of a tie, Grade Point Average (GPA) will be used to determine ranking.

The best grade earned for general education and recommended courses is used to calculate quality points and Grade Point Average (GPA). Although quality points are not awarded for grades of D, F, or W, these grades are used to calculate GPA. Quality points are not awarded for developmental coursework completed. If seats become available in a program after notification letters are mailed, then alternates will be notified (by rank order) of their acceptance. Alternates not accepted will need to reapply every year and will compete on equal basis with all other applicants.

Applicants accepted for admission into the Therapeutic Massage program at TCCC will be required to complete and pass a criminal background check before licensure. To become licensed in North Carolina to practice Therapeutic Massage, you must first pass the MBLEx (Massage & Bodywork Licensing Exam.) If there is anything inappropriate found in that check, the NC Board of Massage & Bodywork Therapy will deny your application.